

CONTINUING EDUCATION

Cognitive-Behavioral Conjoint Therapy (CBCT) for PTSD Foundational Workshop: Maximizing PTSD Treatment by Incorporating Significant Others

April 17-20, 2023 (4 half-days, from 12:00-3:15 p.m. Eastern daily), Online via Zoom

Nellie Health Inc. is approved by the Canadian Psychological Association (CPA) to offer continuing education for Canadian psychologists. Nellie Health Inc. maintains responsibility for the program. The program offers a total of 12.00 contact hours (3.00 hours per day), with full attendance required. Partial CE credit is not offered. The CE processing fee is \$25.00 CAD per person which may be paid with registration.

NOTE: For other related healthcare fields, it is the responsibility of attendees to determine if continuing education credit offered by Nellie Health Inc. meets the regulations of their licensing/certification board.

NOTE: For U.S. practitioners, 12 CE credits are offered by The Institute for Continuing Education (see Pg 2 for more info).

Course Completion: To qualify to receive continuing education credit, attendees must participate in the CE activity in its entirety (attendance will be managed by training team each day), and complete the CE materials. Post-training, an attendee is required to complete 30 comprehension questions, achieving a minimum of 75% in order to receive CE credit. CE verification will be emailed to attendees following the workshop.

Questions: If you have questions regarding continuing education, the program, instructors, speakers' bios, please email workshops@nelliehealth.com.

Learning Objectives:

1. Cite current literature on the associations between Posttraumatic Stress Disorder (PTSD) and intimate relationship problems.
2. Identify essential cognitive-behavioral interventions that improve intimate relationship functioning.
3. State the rationale for using conjoint therapy for the treatment of various individual mental health problems.
4. Conceptualize the cognitive and behavioral mechanisms that reciprocally interact to maintain and/or aggravate PTSD and intimate partner relationship problems.
5. Identify specific dyadic cognitive-behavioral interventions for couples for which at least one member is struggling with PTSD.
6. Apply knowledge and skills obtained to clinical work with couples.
7. Learn how PTSD symptoms interact to maintain the disorder.
8. Learn the theory underlying CBCT to inform case conceptualization.
9. Learn about evidence base that supports the use of CBCT in treating PTSD.
10. Learn about recommended assessment strategies to determine clients who are appropriate for CBCT.
11. Learn the session-by-session CBCT protocol.

12. Discuss common challenges to implementing CBCT (e.g., client adherence, managing comorbidities) and strategies for over-coming complex cases.

Intended Audience: Healthcare practitioners and graduate students in psychology, social work, nursing, counselling, medicine, and related fields.

Skill Level: Beginning, Intermediate, Advanced.

ACA/ADA: For accommodations on the basis of disability, please contact us at workshops@nelliehealth.com.

IMPORTANT NOTE: The CPA's approval of an individual, group, or organization as a CE Sponsor or Provider is restricted to the activities described in the approved application or annual report form. The CPA's approval does not extend to any other CE activity the Sponsor or Provider might offer. In granting its approval, the CPA assumes no legal or financial obligations to Sponsors, Providers, or to those individuals who might participate in a Sponsor or Provider's CE activities or programs. Further, responsibility for the content, provision, and delivery of any CE activity approved by the CPA remains that of the CE Sponsor or Provider. The CPA disclaims all legal liability associated with the content, provision, and delivery of the approved CE activity.

CONTINUING EDUCATION (for U.S. attendees)

This program is co-sponsored by Candice Monson, Ph.D., and The Institute for Continuing Education. The event offers a total of 12.00 contact hours (3.00 hrs. per day), with full attendance required. The CE processing fee is \$25.00 CAD per person which may be paid with registration.

Application forms and other required CE materials will be made available to you by Dr. Monson. If you have questions regarding the program, continuing education learning objectives, presenter bios, or grievance issues, contact The Institute at: 800-557-1950 / email: instconted@aol.com

NOTE: To receive continuing education credit, applicants must complete all CE materials, comply with attendance monitoring requirements, and submit an evaluation form for the training.

NOTE: It is the responsibility of the attendee to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

New York: The Institute for Continuing Education is recognized by the New York State Education

Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

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Social Work: Application for social work continuing education credit has been submitted. This website will be updated to indicate accreditation.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025.

Marriage/Family Therapy: *The Institute for Continuing Education*, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. *The Institute for Continuing Education* maintains responsibility for this program and its content. This Course meets the qualifications for 12.00 hours of continuing education credit for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences.

Skills Level: Due to the interdisciplinary nature of this program, sessions have not been rated as to skills level. Attendees are urged to review the program description to determine appropriateness for professional and personal needs.

Instructional Methodology: May include lecture, demonstration, audio/visual, experiential practice of techniques, case reviews.

Ethics Hours / Academic Credit: This program offers no "ethics hours". This program is not "academic" credit and CE hours awarded are not eligible toward fulfillment of a degree.

Non-U.S. Professionals: The Institute for Continuing Education holds no CE provider status with any Canadian or other Non-U.S. licensing/certification boards. It is your responsibility to check the regulations of your licensing/certification board to determine CE requirements for training activities. Non-U.S. Professionals:

